



PRESCRIPTION

A Singapore Nurses' Christian Fellowship Newsletter

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GOD IS WITH US IN ALL OUR MOMENTS

The World Health Organisation (WHO) has designated 2020 as The Year of the Nurse and Midwife for the first time. Two landmark reports will be released: *The State of the World's Nursing* and *The State of the World's Midwifery*. I do recommend Christian nurses in Singapore to scan through the reports to pick out items for collective prayer, from preparation of nursing students to retired nurses.

When fresh nursing graduates find nursing interventions learned during their nursing education programme did not prepare them enough to care for their unique patients and situations, what and where can they turn to for help? The volunteer nurse clinicians for the six Ready to Jump sessions organised annually by SNCF hope to further equip them, not only with useful expert tips but also options borne of God's love: hope, presence, patience, truth, courage, even a loving embrace where appropriate.

Mid-career switch nursing students bring with them life and work experiences which may enrich or distract from their new chosen career in nursing. Would they find the meaning and purpose which they hope to find in this tough calling? Mature clinicians or retired nurses are best suited to guide and encourage these brave ones who took the plunge to choose nursing among other possibilities. Many among those attended the Ready to Jump are pre-believers. It is an opportunity for SNCF to show them God's love and arouse their curiosity about the source of giving, sacrificial commitment of their lecturers in the programme. A big THANK YOU to our volunteers for this programme.

Peace and Hope

5 Therefore, since we have been justified through faith, we^[a] have peace with God through our Lord Jesus Christ,² through whom we have gained access by faith into this grace in which we now stand. And we^[b] boast in the hope of the glory of God.³ Not only so, but we^[c] also glory in our sufferings, because we know that suffering produces perseverance;⁴ perseverance, character; and character, hope.⁵ And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us. Romans 5:1-5 New International Version (NIV)

Many of us has probably heard or seen nurses being unkind to one another at work. Often, nurses (especially junior ones) quit because they are not well-supported, or even "abused" by their seniors or colleagues. I believe generally people do want to do a good job and receive affirmation. Christian nurses can contribute to a healthy work environment by showing God's love in words and deeds.

The *Healthy Work Environment (HWE) Model*, considered a model of standards of professional behaviors, was created to help foster an environment that is happy, healthy, realistic, and feasible. The model focuses on areas of PEOPLE and PRACTICE, where each letter of these words identifies core, professional qualities and behaviors to foster an environment amenable and conducive to accountability for one's behavior and action. Each of these characteristics is supported from a Christian, biblical perspective. The HWE Model provides a mental and physical checklist of what is important in creating and

SNCF
MOTTO

One In Christ

SNCF
MISSION
STATEMENT

SNCF seeks to bring Jesus Christ to nurses, equipping and helping them find meaning and purpose in their work.

sustaining a healthy work environment in education and practice.

For God shall bring every work into judgment, with every secret thing... Ecclesiastes 12: 14a

2020 started with the COVID-19 outbreak which started in Wuhan, China, causing the United Nations to activate a Crisis Management Team (CMT) led by the World Health Organisation (WHO). It created a huge disruption to the lives of millions of people, especially those in the frontlines, e.g. healthcare and security personnel, a throwback to the SARS saga in 2003.

On 29 January, during the Covenant Service at St Luke's Hospital, Dr Lee Soo Ann, current President of Singapore Bible Society, gave the exhortation. He reminded all believers to reflect God's Holiness (I Peter 1:16). We sang "Shine, Jesus, shine" which serve as a model for living out Matthew 5:13-16. When we fix our eyes on Jesus, we will not be distracted by the noises around us, especially during this COVID 19 situation - "Be thou my vision" was aptly chosen to prepare our hearts for the message.

Singapore on orange alert

The Disease Outbreak Response System Condition (Dorscon) status has been raised from yellow to orange. Here are some new measures announced yesterday.

<p>LARGE-SCALE EVENTS:</p> <ul style="list-style-type: none"> • Event organisers should cancel or defer events, or take precautions, including temperature screenings. 	<p>BUSINESS CONTINUITY:</p> <ul style="list-style-type: none"> • Employers to step up preparations for business continuity. Employees can work from home, or in separate teams. 	<p>SCHOOLS:</p> <ul style="list-style-type: none"> • All inter-school and external activities like camps will be suspended until the end of the March holidays.
<p>WORKPLACES:</p> <ul style="list-style-type: none"> • Employers should conduct temperature-taking at least twice a day. Anyone who is unwell should see a doctor. 	<p>HEALTHCARE INSTITUTIONS:</p> <ul style="list-style-type: none"> • Patients with pneumonia will be cared for separately from other patients to reduce risk of transmission. 	<p>Medical staff from the Singapore Ambulance Association were at the Loyang Tua Pek Kong temple yesterday taking body temperatures of visitors before they entered (below).</p>

Straits Times, 8 February 2020

On 7 Feb Friday evening the DORSCON was raised to Orange. SNCF cancelled all prayer meetings and other gatherings. We urged members to join synchronised prayers between 8pm to 9pm daily using Psalm 91 and other portions of scripture. All our sisters and brothers in Christ working in the various healthcare organisations were on high alert yet, with the peace of God upon them, we know they will be steadfast in their station and the mantle of God's protection will be upon them. We thank God for the outpouring of

support for our healthcare colleagues during this difficult period.

As we go further into 2020, may we tune in to God more and listen to His prompting to guide our steps. Resist the temptation to run ahead of Him. Resist the rush to do things our way. Let us be still and know He is God! Do we live like we believe His promise as stated in His Word?

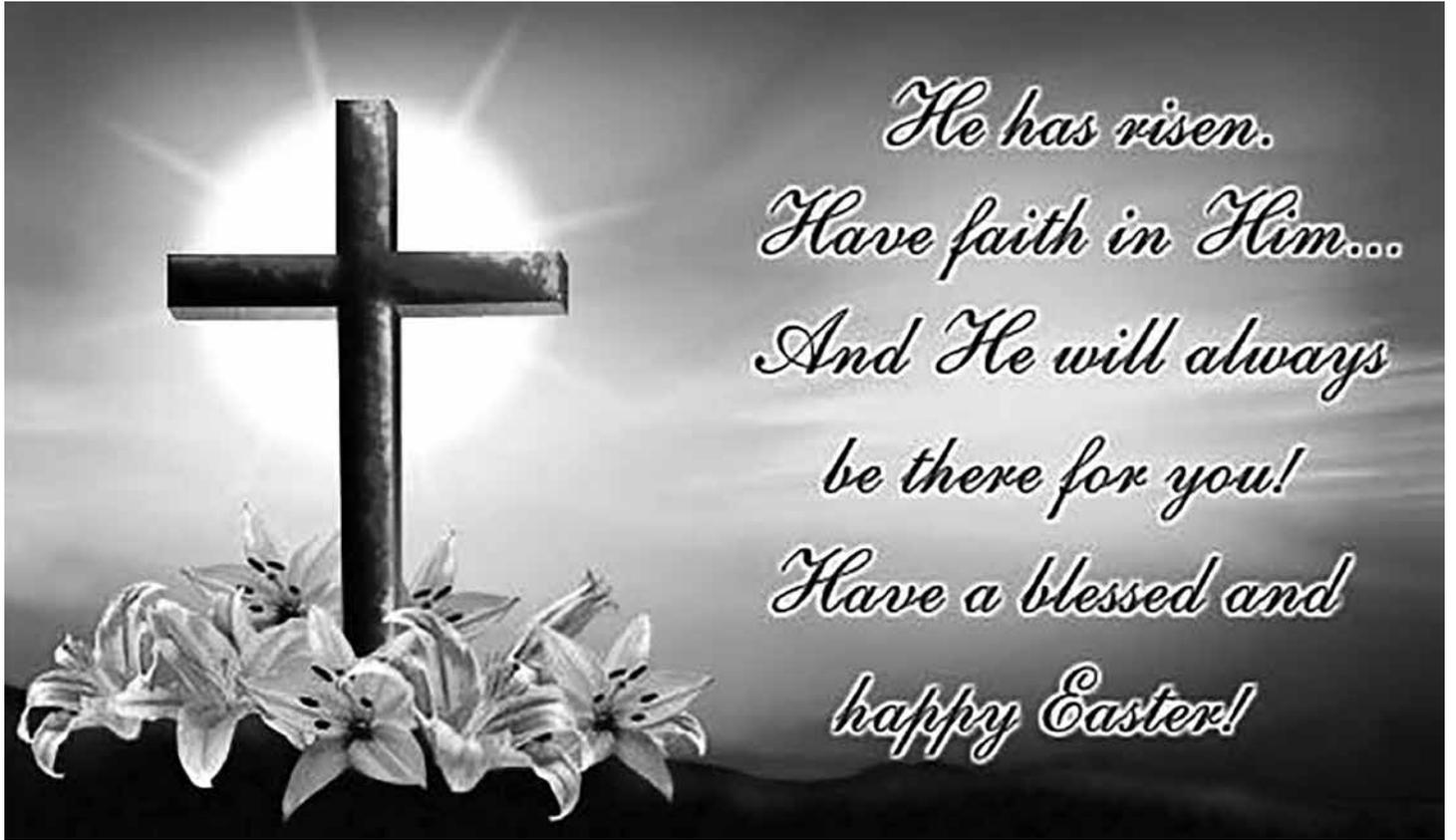
And we know that all things work together for good to those who love God, to those who are the called according to His purpose. Romans 8:28 NKJV

When our prayers are not answered according to what we hope for, do we remember God is sovereign and time is His invention? Dr Charles F. Stanley, senior pastor of First Baptist Church in Atlanta, Georgia is the founder and president of In Touch Ministries. His sermon on *Waiting on God's Timing* is instructional. So, while we struggle in this fallen world, we know that in His time, He will restore us unto Himself. Till then, we will get down on our knees and continue to plead for His mercy and pray that we will be His channel of blessing to all around us. We are blessed to bless!

Look out for the four articles on SNCF that will be featured on the *Salt & Light* social media platform this year! Get to know this amazing organisation : <https://saltandlight.sg/about/>

Tan Wee King
President, SNCF 2020





SNCF EXECUTIVE COMMITTEE 2020 and ADVISORS

SNCF ANNOUNCEMENT

SNCF 60TH ANNIVERSARY CELEBRATION

Date : Friday 16th October 2020
Time : 6 pm (Dinner)
 7.30 pm (Program)
Venue : Fairfield Methodist Church, Main Sanctuary

POST READY TO JUMP SUPPORT FELLOWSHIP

Date : 3rd Saturday of Every Month **Time** : 9.30am to 11.30am
Date : Adhoc Wednesday **Time** : 4.30pm to 6.30pm
 (To arrange with Janet)
Venue : FairField Methodist Church, Room 201
 1 Tanjong Pagar Road, (S088437)
To whatsapp Ms Janet Kong @ 93925800 for arrangement

SPIRITUAL RETREAT

Date : Thursday 16 July 2020
Time : 8.30am to 6pm
Venue : Mrs Liew Chew Boi's house
 113 Casuarina Road (S579501)

SNCF CONTACT DETAILS

Correspondence Address:

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 Singapore 913116
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FairField Methodist Church
 Rm 201, 1 Tanjong Pagar Road
 Singapore 088437

SNCF Website:

<http://www.ncf.org.sg>

SNCF Email:

admin@ncf.org.sg

Gifts to SNCF by:

1. Cheques to be made payable to
Singapore Nurses Christian Fellowship
2. Bank Transfer – DBS Auto save Acc No: **033-022161-4**
 Please notify SNCF at 97379041 after transfer

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MONTHLY PRAYER MEETINGS

CENTRAL REGION: 1st Monday of Every Month

Venue : SNCF Workbase, FairField Methodist Church, Room 201,
 1 Tanjong Pagar Road, (088437)
Time : 7.00pm Tel: 6220 0587 Fax: 62257485

FREE AND EASY FELLOWSHIP from 4.30 -6.30pm before Prayer Meeting

EASTERN REGION: 2nd Tuesday of Every Month

Venue : Training Room, Level 2,
 St Andrew's Community Hospital, 8 Simei St 3 (529895)
Time : 4.00pm (Refreshments at 3.30pm)

WESTERN REGION: 2nd Thursday of Every Month

Venue: Blk 106, Bukit Batok Central, #04-221 (650106)

Prayers items can be submitted to: admin@ncf.org.sg or call 6220 0587

ST LUKE'S HOSPITAL FELLOWSHIP MEETING : 4th Thursday of Every Month

Venue: St Luke's Hospital, 2 Bukit Batok Street 11 (S659674)
Time: 3pm – 4pm To call Joy Lim tel: 91548850

KHOO TECK PUAT FELLOWSHIP MEETING : 3rd Wednesday of Every Month

Venue: Khoo Teck Puat Hospital, 90 Yishun Central (S768828)
Time: 6pm –7pm To call Hai Moi tel: 92375935