



PRESCRIPTION

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SNCF NURSES' DAY ON 5TH AUGUST 2019

God's Love

We had the honor of having Ms Joy Lim share a message on "God's Love" on Nurses' Day 2019. Below are the salient points, as well as some thoughts triggered by her talk.

Inspired by 1 John 4:10 which says, "This is love: not that we loved God, but that He loved us and sent His Son as an atoning sacrifice for our sins," Joy's message highlighted 4 points:

1. WHO is this sovereign God who loves us?
2. WHY does He love us so?
3. HOW does He show His love to us?
4. WHEN does He show His love to us?

Who is this God who loves us? He is none other than the Creator of the universe, who determines the number of the stars and calls them each by name (Psalm 147:4)! How big is our universe? So big that even light hasn't

had time to cross it in nearly 14 billion years! (See <https://phys.org/news/2015-10-big-universe.html>) Yet the God who created all these so values you that He numbers the hairs on your head (Matthew 10:30)! So staggering that the psalmist exclaims in Psalm 8:3-4, "When I consider your heavens, the work of your fingers, the moon and the stars which you have set in place, what is man that you are mindful of him, the son of man that you care for him?"

Why does God love us so? Because we are His precious creation, as well as His treasure which He redeemed by the costly death of Jesus Christ. You needn't doubt whether the Protector of your soul is both strong and loving: "two things have I heard: that you, O God, are strong, and that you, O Lord, are loving..." (Psalm 62:11-12) We are called to emulate His very nature of love: "Whoever does not love does not know God, because God is love." (1 John 4:8)



Our beloved speaker, Ms Joy Lim



Game time

**SNCF
MOTTO**

One In Christ

**SNCF
MISSION
STATEMENT**

SNCF seeks to bring Jesus Christ to nurses, equipping and helping them find meaning and purpose in their work.

How does God show His love to us? When He created man in His image, placing him in the Garden of Eden, He showed His love. Often you hear of expectant parents renovating a room for their upcoming baby, especially the first child. My former partner Patrick Oh painstakingly painted his son's room with stars on the ceiling and marine life on the walls. That's what God did for man when He fashioned the heavens and the earth and then put man in it. Read about it in Genesis chapters 1 and 2.

Again, God showed His love when He sent his Son to redeem fallen mankind. Romans 5:8 says, "God demonstrates His own love for us in this: While we were still sinners, Christ died for us." Fallen man is unlovely, yet loved by God. As His children, we are assured of eternal life. "How great is the love the Father has lavished on us, that we should be called children of God!" (1 John 3:1) The Creator of the universe is not a remote and unfeeling force at all. He is a loving Father who heals the broken-hearted and binds up their wounds.

When does God show His love to us? When He gives us physical life, and when He gives us spiritual birth through Christ. John 3:16 tells us how "God so loved the world that He gave His one and only Son, that whoever believes in him shall not perish but have eternal life." I could add that you experience this love when you devote time to commune with Him through reading the Bible and praying. Strangely, sometimes it is when you are clinging on to Him in the darkest tunnel of your life, that this love is shown to you most vividly.

How shall we respond to God's love? Let's keep God's first commandment to love Him fully (Deut 6:5; Matthew 22:37). Let's revere God and learn to trust and obey Him in our daily lives. Let's maintain a prayer life and be continually filled with the fruit of the Spirit. Then, as you are enthralled in God's love, you'll find that surrendering to God becomes easy. "This is love for God: to obey His commands. And His commands are not burdensome." (1 John 5:3)

Serene Kang / Isaac Leong

Wishing all a blessed Christmas and New Year 2020

*May the God of hope fill you
with all joy and peace as you trust in him,
so that you may overflow with hope
by the power of the Holy Spirit.*

Romans 15:13



REFLECTION ON READY TO JUMP (RTJ) WORKSHOP

I have attended the recent RTJ workshop, organized by SNCF, which was very helpful and has fulfilled its mission to support fresh graduate nurses to transit to clinical practice. Although I am not a fresh graduate nurse, I too enjoyed and benefited from attending this workshop.

The benefits of the workshop are due to the following:

1. It has a well-organized structure which is holistic and comprehensive. Each week the workshop starts with a quiz to review the previous session, followed by new topics delivered in an interactive style often through case-based discussions. The tea break was provided with sumptuous and healthy food, mostly cooked by SNCF members with love. It is also a great opportunity to get to know the participants and encourage them through informal mentoring.

In addition to the nourishment of the body, we receive the nourishment of the soul through "spiritual fruits for health and well-being". Subsequently, we continue with specific topics and the workshop was concluded with Q&A.

2. It has relevant and practical content, highly useful for fresh graduate nurses. Besides learning specific knowledge in patient care, I particularly enjoyed the topic "spiritual fruits for health and well-being", covering 9 characters of a godly and good nurse: love, joy, peace, forbearance, kindness,

goodness, faithfulness, gentleness and self-control. It was beneficial for us to learn ways to cultivate these characters.

I was very encouraged by the sharing on "a story of a nurse", because of the power of God's love to restore a nurse's confidence to continue with serving God after experiencing a traumatic clinical incidence. We are reminded that God can free us from the guilt and grant us His forgiveness, as stated in 1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Indeed, no matter what happens in our professional work, we can always draw close to God by quick repentance and submission, becoming still before Him and trusting Him for deliverance, as stated in Isaiah 30:15 "...In repentance and rest is your salvation, in quietness and trust is your strength..."

In summary, RTJ workshop is useful to prepare fresh graduate nurses for transition to clinical practice. It is a great platform to reach out to younger nurses and support them in adapting to the change. Participants are aware that they can seek help and support from SNCF members in running the race and fulfil their calling to become a good and professional nurse.

Catherine Dong



