



# PRESCRIPTION

*A Singapore Nurses' Christian Fellowship Newsletter*

MCI(P) xxx/xx/xxxx • January - April 2015

## *Christ's Healing Ministry SNCF Thanksgiving Celebration 2014*

It is now 54 years since the founding of the Singapore Nurses Christian Fellowship. We can look back with thanksgiving to God for His favour to the Fellowship. Over the years, you have sought to encourage your members to live out their faith in working life. There are few other professions where you come in such close contact with the people that you serve. Unlike the architect or engineer who sits in his office drawing up his plans, as nurses you have to come alongside patients tending to their wounds and easing their pain. Also, there are few other professions where your work is so closely identified with the ministry of Christ. Mt 4:23 tells us that "Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people". From the beginning of Christ's public ministry, focus is drawn to his healing ministry. Thus the four Gospels together record at least 27 of his healing events. The writers want us to note what Christ has done. What can we learn from his healing ministry?

First of all, Christ's healing ministry was motivated by compassion for the people. Matthew 14:14 records that when Jesus saw the crowd "he had compassion on them and healed their sick". Mark 1:41 tells us that when Jesus saw a man with leprosy, he was "filled with compassion", then he reached out and healed him. In Luke 7:13 we are told that when Jesus saw a widow sorrowing over her dead son, "his heart went out to her" and he proceeded to give life back to the son. Then again, when two blind men pleaded with Jesus to heal them, it is said that "Jesus had compassion on them" and proceeded to do so (Matthew 20:34).

Christ is our exemplar. All through history, God's people have been reaching out to the poor and needy, the sick and the handicapped, because we have been motivated by Christ's love. He first loved us, we have experienced that and that love must be expressed through our lives.

Secondly, Christ's healing ministry broke through barriers that separated people. In every society barriers are set up that separate people. One group is despised by others and is ostracized. In Europe, it is the Gypsies. In India, the Dalits are slighted. And in Japan, the Burukamins face the same fate. In New Testament time, various groups of people were similarly treated – the Samaritans, the Canaanites and the Roman occupiers. Yet Jesus' healing ministry reached out to them: a Samaritan leper was cured (Luke 17:11f), the health of the daughter of a Canaanite woman was restored (Matthew 15:21f) and the servant of a Roman centurion soldier was healed (Matthew 8:5f).

The healing ministry affords a wonderful opportunity to break through barriers. The example of Mother Theresa, an Albanian-born missionary who served in India for 68 years, is a powerful testimony of what can be done – reaching out to "the poorest of the poor", the lepers, the outcasts, the dying, abandoned babies, etc. Her ministry has inspired countless millions around the world.

Thirdly, Christ's healing ministry was comprehensive in nature. He touched all areas of human life. There was physical healing: the lame could walk, the blind could see, the deaf could hear and the sick

**SNCF  
MOTTO**

**One In Christ**

**SNCF  
MISSION  
STATEMENT**

SNCF seeks to bring Jesus Christ to nurses, equipping and helping them find meaning and purpose in their work.

were restored. There was spiritual healing: demon-possessed patients, normally beyond the scope of usual medical treatment, were brought to Christ and he healed them. Then there was healing of the soul: a paralytic was brought to Christ. Discerning the deeper need of a troubled soul, Jesus said to him, "Son, your sins are forgiven" (Mark 2:5). Again, there was healing with the family: a restored demon-possessed man who had wanted to follow Jesus but who had earlier been rejected by his family because of his condition, was told by Christ to "go home to your family and tell them how much the Lord has done for you" (Mark 5:19). And finally, there was healing with the community: a woman with a bleeding ailment of 12 years, normally regarded as ritually unclean by the community, was healed secretly when she touched Jesus. But Jesus made that healing public because he wanted the people around to know that the woman was now healed – she was ritually clean and should now be accepted by others. (Luke 8:48).

The gospel touches all areas of human life. As nurses, you are not only expected to minister to the needs of patients but you also come in contact with their family members and friends. They too have needs. A gentle word, a warm hand and occasionally a simple prayer can sometimes help to allay the fears of the anxious or offer hope to the distraught.

In recent times, much attention has been drawn to the health needs in Singapore. The population is ageing. More nursing homes, eldercare centres, community hospitals and home-based services will be needed. All these provide opportunities of service for us in the nursing ministry. May the example of our Lord continue to inspire us.

*Dr Bobby Sng*

## The SALINE PROCESS

SALINE is a training process developed by HIS Global (formerly international Health Services) specially for the healthcare setting on how to be a witness in the workplace. The Saline Process provides discipleship, training, and coaching for health care workers to skillfully and confidently assess the spiritual condition of a patient. By providing practical tools, Saline enables participants to personalize an approach to share the love of Jesus according to each patient's needs. Research data is presented which connects spirituality to provide positive patient health outcomes. Key scriptures show the role of Christian healthcare workers are called by God : to share the love of Christ Jesus with patients and colleagues. Experiential learning methods, such as role play and case studies are used to explore:

- Principles of faith and biblical knowledge
- Strategies for overcoming barriers to spiritual care
- Techniques for building spiritual relationships
- Methods of encouraging patients to talk about their faith.

### The Training of Trainers Course (TOT)

The Trainers' Course is for equipping participants to teach the basic Saline Course to other health care workers. People attending this training course should come with the intention of training others. Ideally, 2-3 people from a country should attend the course together so that they can work as a Saline Process teaching team on completion of the course.

<b>SNCF CONFERENCE 2015</b>				
<b>THEME: CARING TOGETHER, WORKING TOGETHER</b>				
<b>MAIN CONFERENCE 25 – 27 JUNE 2015</b> Venue: YWCA, Fort Canning Lodge, 6 Fort Canning Road, Singapore 179494			<b>POST-CONFERENCE</b> 29 – 30 JUNE 2015 Venue: Normanton Park	
Parish Nursing- related topics (Keynote speakers from Korea & USA) and Saline Witnessing Training			Saline: Train the Trainer Ms Anne Biro, NCFI	
SNCF MEMBERS (before 31 Mar 2015) w.e.f 1 Apr 2015: add \$50 for every category			After 31 March, add \$20 to every category	
<b>FULL MEMBER</b>	<b>RETIREE</b>	<b>STUDENT</b>	<b>FULL MEMBER</b>	<b>RETIREE/ STUDENT</b>
\$250	\$150	\$150	\$80	\$50
<b>NON- SNCF MEMBERS (before 31 Mar 2015)</b>				
<b>WORKING</b>	<b>RETIREE</b>	<b>STUDENT</b>	<b>WORKING</b>	<b>RETIREE/ STUDENT</b>
\$300	\$200	\$200	\$100	\$60
<b>Who should attend:</b> Christian Nurses, Doctors, Allied Health Professionals, Pastoral Staff				
<b>Enquiries:</b> Email: admin.org.sg				

## ANNOUNCEMENT

### SNCF SPIRITUAL RETREAT

Date : Tuesday 28 April 2015  
 Time : 8.30 am to 6.00 pm  
 Venue : Lifesprings Cannosian, Spirituality Centre  
 100 Jalan Merbok, Singapore 598454

## MONTHLY PRAYER MEETINGS

### CENTRAL REGION: 1st Monday of Every Month

Venue: SNCF Workbase  
 The Salvation Army Territorial HQ 20 Bishan St 22, #02-03 (579768)  
 Time: 7.30pm

### WESTERN REGION: 2nd Wednesday of Every Month

Venue: Blk 106, Bukit Batok Central, #04-221 (650106)  
 Time: 7.30pm

### EASTERN REGION: 2nd Tuesday of Every Month

Venue: Level 2, St Andrew's Community Hospital, 8 Simei St 3 (529895)  
 Time: 4.00pm (Refreshments at 3.30pm)

**Prayers items can be submitted to**  
 admin@ncf.org.sg or call 6553 3530

## SNCF CONTACTS

### Correspondence Address:

Toa Payoh Central  
 P.O. Box 468  
 Singapore 913116  
 Tel : 6553 3530  
 Fax : 6553 3101

### Workbase Address:

The Salvation Army  
 Territorial Headquarters,  
 20 Bishan, Street 22, #02-03  
 Singapore 579768

### SNCF Website:

<http://www.ncf.org.sg>

### SNCF Email:

[sncf@ncf.org.sg](mailto:sncf@ncf.org.sg)

### Staffworker:

Ms Ng Kim Choo (97379041)

Gifts through cheques to be  
 made payable to:

**Singapore Nurses'  
 Christian Fellowship**

## SNCF 2015 EXECUTIVE COMMITTEE

### President:

Ms Tan Wee King

### Honorary Secretary:

Ms Janet Kong

### Honorary Treasurer:

Ms Ong Min Lee

### Committee Members:

Ms Mary Law Moi Chan  
 Ms Lim Teow Siang  
 Ms Tan Cheng Gaik  
 Ms Wang Dandan

## SNCF EDITORIAL

### Members:

Ms Tan Wee King  
 Ms Mary Law Moi Chan  
 Ms Irene Tan Cheng Gaik  
 Ms Wang Dandan  
 Ms Chia Mui Sim

## BOARD OF ADVISORS

Dr Ivy Sng  
 Ms Goh Swee Eng  
 Ms Roselin Liew  
 Ms Lim Ee Lee, Elizabeth  
 Ms Low Mui Lang  
 Ms Ong Giok Lian, Alice  
 Mr Peter Guok