



PRESCRIPTION

A Singapore Nurses' Christian Fellowship Newsletter

MICA (P) 196/02/2007 • January - April 2007

Community Health Nursing in Zhaojue

Choo Peck Hong, a retired Staff Nurse served in Zhaojue county from April 2004 to December 2006. She is preparing to go to Chengdu for a year of Chinese study before going back to serve in Zhaojue.

I am back on home assignment after spending two years eight months as a community health nurse in Zhaojue.

My heart is filled with gratefulness to our God who has called me to serve in Zhaojue. I have been a primary health nurse for a big part of my 34 years of nursing. My Chinese language is limited and I felt very inadequate. But God has said in Ephesians 2:10 "For we are God's workmanship, created in Christ Jesus to do good works which God prepared in advance for us to do" and he has enable me to do in spite of language difficulty.

One of my earliest assignments was to go to the Youth Center to give health consultations to the staff and students. During the last year I gave health talks to various groups of Yi students. Three teachers assisted me by translating my words into Yi Language. Attendance for health consultations increased when I started giving health talks as rapport was built. I was also glad to give antenatal checkups /teachings to several expectant mothers and have the joy of visiting two post natal mothers and infants.

A series of health talks were also given in simple English to 3 groups of secondary school students staying in the hospital compound during the June holidays in 2006. The most encouraging words came from a 13 years old Yi boy who attended the talks. When interviewed, he stated that he would not harm his body with smoking, drinking, gambling, drugs and womanizing! Parents of children who attended the health talks started greeting me after these sessions.

Talks on life and sex education were held for the all girl class in Bier before they graduate from Primary six. We were thrilled when 27 of the girls managed to make the



Village midwives training

grade and are now studying in two secondary schools in the county!

Most satisfying was the completion of the Village Midwives training for all the seven districts. Led by Amy Leung, a nursing administrator, we partnered local doctors and nurses from the Maternal and Child Health section. I assisted in supervising groups of trainees in their practical and helped in the assessment at the end of the training. We were encouraged that the training helped to reduce infant death resulting from umbilical cord infection.

For all that He has enabled me despite my limitations, I praise and thank Him.

"For from Him and through Him and to Him are all things. To Him be the Glory forever! Amen" Rom 11:36

∞ Choo Peck Hong

**SNCF
MOTTO**

One In Christ

**SNCF
MISSION
STATEMENT**

SNCF seeks to bring Jesus Christ to nurses and nursing, helping them to find meaning and purpose in their work, and to see their workplace as a mission field.

On Being a Christian Leader in the Marketplace

Part Two – The Christian leader’s pitfalls

Leadership in any form carries its own set of dangers. Christians in leadership must be especially aware of the pitfalls they face. The fact that most people in leadership did not volunteer for the position further complicates the situation. In his book, “The Top Ten Mistakes Leaders Make,” Hans Finzel suggests that “people fall into leadership more by accident than by design.” He says that having fallen into the leadership position, most of us tend to do what comes naturally—we wing it! And that’s when we get into trouble.

However, we can learn from our mistakes, and, if we are careful, not repeat them. Some of the more common pitfalls facing Christian leaders today include:

Vulnerability. The very characteristics that make a good Christian leader – humility, authenticity, and so on – can be our weaknesses as well. The marketplace can be cutthroat, competitive, and corrupt. Christian leaders must be wary of the traps Satan will set for them. Be involved in worship, Bible study and fellowship with other Christian leaders, so that you can “Encourage one another daily, as long as it is called Today” (Hebrews 3:13).

Unreasonable Expectations. Perhaps one of the most damaging pitfalls lies in the unreasonable expectations placed on Christian leaders by other Christians and non-believers alike. People expect Christians to be perfect, with unlimited patience, complete discernment, and an encyclopedic knowledge of the Bible. Jesus warns against believing such an elevated view of ourselves when He says, “Woe to you when men speak well of you” (Luke 6:26). We must always remember that the same people are watching and waiting to cheer when we fall.

Dirty Delegation. Hans Finzel lists this as one of his top ten mistakes. Dirty delegation means assigning a task to someone, then doing it yourself. The reasons that leaders do this are; fear of losing authority, fear of the work being done poorly, unwillingness to take the time, and reluctance to depend upon others. Good Christian leaders can practice clean delegation by showing faith in the one to whom they delegate, releasing themselves from the desire to do it better, relaxing from the obsession that it has to be done their way, being patient, and having the vision to develop leadership skills in others.

Compromise. There is room for concession in many situations, and wise Christian leaders can find the middle ground. However, we must resist the temptation to compromise our beliefs and values at all costs. King Saul compromised his leadership when he disobeyed the Lord

and kept the best of the sheep and cattle for himself when he should have destroyed them. As a result, he lost the kingdom. Spiritual compromise will always result in loss. Paul’s advice to Timothy is just as valid for us; “Flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness” (1 Timothy 6:11).

Indispensability. J. Oswald Sanders, in his book “Spiritual Leadership,” says, “Many influential Christians have fallen before this temptation.” In fact, he goes on to say that Christians are especially prone to it. As we grow older, we don’t want to feel that we are not useful, and so we cling to positions and responsibilities beyond our “sell by” date! Good Christian leaders will groom and prepare their successors, and willingly hand over the reins when they are ready.

Pride. This is the biggest pitfall of all. Pride in achievement, position, authority, title, or power will almost certainly disqualify the Christian leader from advancement and success. There is nothing God hates more than pride; “I hate pride and arrogance” (Proverbs 8:24). Christian leaders must remember that all they are and all they have come from God. Pride displaces Him and causes us to take credit to ourselves for something we do not deserve. J. Oswald Sanders suggests a three-way test to help identify if pride is a problem in our leadership.

1. The test of precedence. How do we feel and react when someone else gets a position or task that we wanted?
2. The test of sincerity. We often identify weaknesses and problems in ourselves. How do we feel when someone else identifies those same problems in us?
3. The test of criticism. Do we respond to criticism with resentment and rationalization, or even criticize our critic?

Failure in any of these tests means that pride has crept into our leadership and we need to deal with it immediately.

✉ *Captain Ian Robinson, Territorial Programme Secretary, The Salvation Army*

Back to Thailand

"It is God who works in (me) to will and to act according to

My return to Thailand after an 11-year break has all been of God's doing in my life. It has never been in my mind to return for another phase of ministry. The desire to return came very gradually when I started to bring teams from my home church to Central Thailand on several occasions these past 4 years. As He puts the desire in me He also led and directed and has worked all things out on my behalf for my return. I do praise the Lord for His very clear leading in this direction.

I plan to leave on the 31st January and thereafter I shall become a member of the Overseas Missionary Fellowship once again. I will be part of the Church Planting Team in Central Thailand and will be attached to Nongpling Church. This is a new church situation started in May 2005 and is situated at the outskirts of Nakhon Sawan city. It has about 15 to 20 adult attendance on Sunday.

The Nongpling Team consists of Pastor Prasit, his wife Piya, Arlene Sorenson an OMFer from the States and me. Our role will be that of leadership training, nurturing the



Cheong Soh Lim

believers, working alongside the church to reach out to the community and along family lines and contacts. The team will also give input to other groups beyond Nongpling where help is required. By God's help and enabling we seek to contribute to nurturing and growth of God's Kingdom in Central Thailand.

*I rest secured in these **assurances** that*

- He will not require of me what He has already given and equipped me for the work He has called me to;

*- "The One who calls (me) is faithful and He will do it."
1Thess 1:24*

⇒ *Cheong Soh Lim*

St. Luke's Hospital Update

CareConnect@SLH: Caregivers' Resource Center at Level 1 of SLH

To help optimize care of the elderly at home, St. Luke's Hospital has launched **CareConnect@SLH**, a one-stop for information and resources to help patients and their caregivers improve the conditions they are dealing with, and raise the quality of care given.

Who is it for ?

- Seniors poised for graceful and successful aging
- Caregivers of the elderly
- Seniors who require community support while residing at home
- Professional working with seniors
- Volunteers who provide voluntary service to seniors within the community.

Programs and services

Visitors may obtain information and general advice relating to:

- Issues of care giving
- Preventive health strategies
- Illness and disease management for the elderly
- Community support services
- Equipment and activities of daily living aids

How to contact us?

For assistance or more information, please call
O: 6563-2281 ext. 213, Fax: 6564-9557; or
email to careconnect@slh.org.sg.

Event@St. Luke's Hospital: Multidisciplinary Approach to Wound Care 2007. 06 to 07 April 07 at St. Luke's Hospital (CME / CNE points will be awarded.)

St. Luke's Hospital and the Wound Healing Society is organizing a 2-day conference-cum-workshop on Multidisciplinary Approach to Wound Care.

For detail call Ms Lo Yuk Hing at 65632281.

SNCF Calender of Events

❖ Ready to Jump Workshop 2* A follow-up workshop to help new RN cope with working life

Date : 9 July 2007, Monday

Time : 7.00pm

Venue : Chapel, The Salvation Army
Territorial Headquarters,
20, Bishan Street 22,
Singapore 579768

Contact : Joanna Teoh for detail at
98303694

* Registration needed

❖ Nurses Day Celebration**

Date : 4 August, 2007, Saturday

Venue : Chapel, The Salvation
Army Territorial
Headquarters,
20, Bishan Street 22,
Singapore 579768

Contact : Serene Kang for detail at
91390154

**Date/time to be reconfirmed, watch out
for further notice

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Ms. Ng Kim Choo (97379041)

Gifts through cheques to be
made payable to:

**Singapore Nurses'
Christian Fellowship**

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SNCF Ministries

❖ Monthly Prayer Meetings at two locations namely at Central and Western Region

Central Region

Time : 7 pm monthly on every 1st
Monday of the month

Venue : SNCF office, Room 02-03,
Salvation Army Territorial
Headquarters, 20 Bishan
Street 22, Singapore 579768

Western Region

Time : 7 pm monthly on every 1st
Thursday of the month

Venue : Blk 204, Clementi Avenue
6, #08-05,
Singapore 120204
(Home of Suet Lan,
mobile 81122119)

Prayer items can be submitted to Serene Kang, email: tulips1810@yahoo.com

SNCF FINANCE STATUS 2007

Income and Expenditure Statements for the period from 1/11/2006 to 28/02/2007

Income	\$ 21,240.68
Expenditure	\$ 25,729.35
Deficit	\$ (4,488.67)

As a not for profit organization, Singapore
Nurses Christian Fellowship (SNCF)
has been maintained on faith basis,
and depends heavily on donations and
subscriptions to fund the ministry.

We are grateful to many members
and friends who had been faithfully
supporting us. We are appealing to you
to consider giving a donation towards our
ministry. Your generosity will help us to
continue the ministry of caring for nurses.

To donate, please write cheque to
"Singapore Nurses Christian Fellowship"
and mail to Singapore Nurses Christian
Fellowship.

Toa Payoh Central, PO Box 468
Singapore 913116