



# PRESCRIPTION

*A Singapore Nurses' Christian Fellowship Newsletter*

MICA (P) 059/02/2009 • January - April 2009

## COME AND JOIN US

*Singapore Nurses' Christian Fellowship (SNCF) was formed in 1960 by a group of Christian Nurses with a mission to bring Jesus Christ to their fellow colleagues. The group met regularly at a church opposite the Singapore General Hospital for fellowship.*

During fellowship time, they shared their problems faced at the workplace and brought it to the Lord in prayer corporately. There were discussions on both professional and spiritual topics. *In Acts 2:42 "they devoted themselves to the apostles teaching and to the fellowship, to the breaking of bread and to prayer."* That was exactly what this group of nurses was doing. The Fellowship grew its ministry to the various hospitals through the conviction of her members.

Recently, a homemaker member, who is participating actively in befriending the foreign nursing students, reminded me that her church members could not understand the struggles faced by nurses. As such our strength in teaching and sharing topics relating to our workplace will help our nurses tremendously. However the most pertinent role is to be a listener, hearing the nurses' heartbeat in all their challenges faced in nursing today and keeping them in prayers unswervingly.

But why do I need to become a member when I could just attend the programmes organized? Membership has its privileges, so states a famous advertisement line.

*Let us look at Romans 12:4-8 "Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others. We have different gifts, according to the grace given us. If a man's gift is prophesying, let him use it in proportion to his faith. If it is serving, let him serve; if it is teaching, let him teach; if it is encouraging, let him encourage; if it is contributing*

*to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully".*

As nurses we are part of a big family. In the ward, we have different grade of staff working towards meeting the different level of needs of the patient. Can you imagine if the ward is managed only by either a group of health attendants or enrolled nurses or staff nurses? We are trained for our different roles. We need each other in order to deliver the care required by the patient. Besides nurses, we need doctors, pharmacists, therapists, dietitians and others.

As Christian nurses, God had given us different gift as He determines. Have you discovered your spiritual gift/s? Are you using your gifts in your workplace and to bless those around you in your daily life? Not sure..... COME and JOIN us to find out the answer!!!!

Be a member to discover, develop, improve or practice your gifts. As a member, you can join a sub-committee to learn how to organize events, write minutes and report, learn what is involve in the logistic of our yearly mentoring programmes, how to lead prayer meeting, lead in worship, grow spiritually to be effective at our workplace and manage financial account are some examples.

I have been a member since 1977 when I joined nursing and held various positions in the Fellowship. Members of the Fellowship has been contributing and adding years to my life through loving prayer support, sharing and listening to my struggles, teaching me

**SNCF  
MOTTO**

**One In Christ**

**SNCF  
MISSION  
STATEMENT**

SNCF seeks to bring Jesus Christ to nurses; equipping and helping them find meaning and purpose in their work, and to see their workplace as a mission field.

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how to write minutes, how to lead groups and the application of God's Word in my daily life. Most of all they have been showing me the way as a role model in providing spiritual care to my patient at the right place and at the right time. These role models are such wonderful model for me to emulate.

Finally, if every Christian nurse would be a member of this Fellowship, we could develop our Ministry in supporting our fellow nurses and reaching out to those in need. Who would understand the challenges faced by nurses today better than we ourselves? Having sufficient support, I am sure the Christian

Nurse would be able to stay in service working in the various health care sectors. Therefore, I am looking forward to some of you to join us as members and for some to renew their membership with us after a long break stint. Call us today!



*Ms Low Mui Lang,  
President, SNCF*

## GOD IS FAITHFUL

*The year 2006, I was nominated to be the Treasurer for SNCF. I willingly accepted the post because God had healed our oldest son after the second brain surgery on 13 Sep 2002. I told the Lord it is time for me to serve Him and when the opportunity arises, I did not hesitate to undertake the role.*

Soon I realized that it was not an easy task. I attended two churches and one operates on freewill giving and the other operates on making the members give a pledge towards the church. It suddenly dawn on me SNCF do not have many members on the regular pledge and we rely on the generosity of our members and friends to give towards SNCF. Each time I opened the mailbox, my heart leapt for joy whenever cheques were received.

It was a challenging year for me as I had to juggle between my part-time job and attend the committee meeting. I was also the assistant Treasurer for the 9th PACEA NCF Regional Conference committee. I thank God for giving me the opportunity to serve and He taught me to learn to have faith in Him as the provider for the finance of this conference. Kim Choo was instrumental in sharing the concerns with her friends and they donated generously towards the conference. Generous donations from members and friends of SNCF poured in prior to the conference and we were able to sponsor the nurses from Indonesia, one local nurse and accommodation for the Papua New Guinea nurses. That year we had a surplus of S\$18,000.

2007 was a fruitful year. One member donated \$20,000 and that enabled us to return \$15,000 back to the

sinking fund which we had transferred out to the general fund in 2004.

Another year passed, 2008 proved to be an even more challenging year. By August, our funds ran low and I had to appeal to the members and friends to give towards SNCF. By God's grace the amount of money that came in amounted to more than \$50,000.00. I was overwhelmed and realized the little faith I had in God when I mailed out the appeal letter.

My thought and reflection: After serving for more than three years as a Treasurer. God is faithful and He provides! Praise be to God. Dear members and friends reading this newsletter, thank you for your love, prayers and contribution towards the finances of SNCF. Your generosity has enabled SNCF to provide programmes and activities for the members and indeed it is the sweetest aroma of worship to our Lord Jesus.



*Ms Koh Ah Yan  
Treasurer (2006 to 2009)*

**"Give thanks to the Lord Almighty  
for the Lord is good; his love endures  
forever"**

Jeremiah 33:11

# REFLECTIONS OF SNCF's THANKSGIVING SERVICE 2008

*Singapore Nurses' Christian Fellowship (SNCF) experienced a dip in its coffer that urgently needed topping up. So by faith we prayed for God to provide and sent out mailers to petition our donors for funds.*

God delighted us with an outpouring of donations beyond our expectations. Our donors' generosity was a timely injection of confidence booster for SNCF, affirming their support of SNCF's work amongst the nurses in Singapore.

This is but one of the many blessings that God endowed the SNCF with in 2008. How should we in SNCF respond to God's numerous showers of kindness? What could be more fitting than to organise a Thanksgiving Service to honour the Lord Jesus Christ's Faithfulness, to humbly declare:

*O Lord, what is man that you care for him,  
the son of man that you think of him?  
Man is like a breath;  
his days are like a fleeting shadow.*

So on 6 December 2008, we joyfully worshipped the Lord in songs led by Johnny's Tan worship team "The Precious Jewels". As the Precious Jewels led us in worship, God was set aright in our hearts; He is the Lord of Lords, the King of Kings. We joyfully and reverently ascribed glory and strength to the Lord Jesus Christ.

This was followed by testimonies of God's drawing nurses to Himself and through the influence of SNCF. Two members recalled as new foreign nursing students that they were touched by the warm reception they received at a welcome party organised by SNCF. Since then, they have become Christians and are serving actively both in the church and SNCF. One of them also shared that she no longer viewed performing personal toileting for patients as degrading but an opportunity to demonstrate God's kindness and gentleness.

One long serving SNCF member in her seventies shared of God's unwavering faithfulness in keeping her healthy and vigorous. Her vigor in service at SNCF epitomises this verse in Isaiah 46 v 6:

*Even to your old age and gray hairs  
I am He; I am He who will sustain you.  
I have made you and I will carry you:  
I will sustain you and I will rescue you.*

So I exhort all of us who are getting on in age to be unwavering in trusting God with all our hearts. Another testimony highlighted God's protection of our lives. She was hindered from leaving for Myanmar at the time planned by her and escaped the destruction wrought by the typhoon that struck Myanmar. Her testimony reminded us of the promise in Psalms 121 v 7 & 8:

*The Lord will keep you  
from all harm – He will watch over your life:  
the Lord will watch over your coming and going  
both now and forevermore.*

So be encouraged to lift up our eyes to the Lord for help.

The testimonies were followed by songs and dance performed by the staff from Peacehaven Nursing Home. Their performances radiated fervour, dedication and zeal. We were delighted with their conviction to please God.

SNCF's president closed the service describing the mission and work of SNCF. As a Fellowship in partnership with the churches, SNCF's members learn to cultivate a vibrant personal relationship with God. They experience Him to be their Saviour and Lord and become instruments in God's Hand at their workplace to demonstrate Christlikeness and spread the Gospel.

We encourage you to come and partner with us in our activities in SNCF, to join us as instruments in God's Hand for role modeling Christlikeness and spreading the Gospel at your workplace.



*Simon Xia and Lo Mun Fun*

# INVITATION TO JOIN SNCF ACTIVITIES

❖ **Monthly Prayer Meeting** at two locations, namely at Central & Western Regions

Central Region : Every 1st Monday  
Monthly

Time : 7 pm

Venue : SNCF Workbase,  
The Salvation  
Army Territorial  
Headquarters 20  
Bishan Street 22,  
#02-03 , Singapore  
579768

Western region : Every 2nd  
Wednesday Monthly

Venue : Blk 106,  
Bukit Batok Central,  
#04-221, Singapore  
650106  
(Home of Lee  
Oi Yoke,  
Phone: 64250042)

Prayers items can be submitted to Kim  
Choo at kimchoo.ng@ncf.org.sg or  
call 97379041

❖ **Monthly Health Screening**

Date : Every 1st Wednesday  
Monthly

Time : 0900 to 1100 hours

Venue : Social Hall  
The Salvation Army  
Territorial Headquarters 20  
Bishan Street 22  
Singapore 579768



## ANNOUNCEMENT

### Spiritual Care Workshop

Date : end of May

Please watch out for more further details.

### St Luke's Hospital

**Vacancies for Staff Nurses, Occupation Therapist & Physiotherapist**

Interested applicant, please contact:

Ms Amanda Chan at 68953246

Website: www.slh.org.sg

## SNCF CONTACTS

### Correspondence Address:

Toa Payoh Central  
P.O. Box 468  
Singapore 913116  
Tel : 6553 3530  
Fax : 6553 3101

### Workbase Address:

The Salvation Army  
Territorial Headquarters,  
20 Bishan , Street 22, #02-03  
Singapore 579768

### SNCF Website:

<http://www.ncf.org.sg>

### SNCF Email:

[sncf@ncf.org.sg](mailto:sncf@ncf.org.sg)

### Staffworker:

Ms. Ng Kim Choo (97379041)

Gifts through cheques to be  
made payable to:

**Singapore Nurses'  
Christian Fellowship**

## SNCF 2009 EXECUTIVE COMMITTEE

### President:

Ms. Low Mui Lang  
M: 81610222

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