



# PRESCRIPTION

A Singapore Nurses' Christian Fellowship Newsletter

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## LOVE DOES NO HARM TO ITS NEIGHBOUR

Nurses in Singapore promise in the Singapore Nursing Board (SNB) Nurse's Pledge to do the following to uphold patient safety (below highlights only a portion of the SNB Nurse's Pledge):

- Provide a competent standard of care
- Maintain professional knowledge and skill at the highest level
- Give support and cooperation to other health care professionals
- Spare no effort to:
  - alleviate suffering
  - promote health
  - refrain from actions that might endanger life
  - respect at all times the dignity of patients
  - holding in confidence all personal information

The purpose of the pledge emphasises our responsibility and conviction to First Do No Harm in caring for our patients. It further defines the actions nurses take on a daily basis to protect our patients, healthcare team members and ourselves.

How well are you doing in keeping your promise to deliver safe nursing care or Do No Harm? Or maybe you and I have forgotten we made this promise. Generally forgetfulness is the key factor in preventing us from keeping our promises. On the other hand, the main motivation for most people keeping their promises is because they want to be known as People Who Keep Their Word or People Who Can Be Trusted or Relied on. Is this a God-Centered view of Doing No Harm?

As God-Centered Christian Nurses, LOVE is the main motivation for keeping our promise to Do No Harm.

*Romans13:10 says, "Love does no harm to its neighbour. Therefore love is the fulfillment of the law". When we perform actions described in the pledge to uphold patient safety out of love for our patients, it is using God's method to achieve God's purpose as stated in 1Corinthians12:11, "And now I will show you the most excellent way...." And the perception of being known as a person who can be trusted is merely an effect of pleasing God not the main motivation. Furthermore, 1Corinthians13:1-3 says that when we perform nursing acts without love, they are done mechanically even callously, devoid of compassion.*

*"If I speak in the tongues of men and of angles, but have not love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have faith that can move mountains, but have not love; I am nothing. If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing" - 1 Corinthians13:1-3*

Consequently, we will undermine the building of Christ-like characteristics in our lives so that we will be nothing and gain nothing. Soon we will lose heart to persevere in doing good, becoming burned out and disillusioned.

The characteristics of God's Love as stated in 1Corinthians13:4-8 are, "Love is patient, Love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. But where there

**SNCF  
MOTTO**

**One In Christ**

**SNCF  
MISSION  
STATEMENT**

SNCF seeks to bring Jesus Christ to nurses, equipping and helping them find meaning and purpose in their work.

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*are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away”.*

Underpinning our nursing actions with the characteristics of God’s Love causes us to admit that the delivery of safe nursing care rests on the love of Christ for people – We Cannot Do It Ourselves. Our obedience to love each other distinguishes us as disciples of the Lord Jesus Christ (John 15:8) and expresses our love for God (1John5:3). He helps us obey Him because *“His commands are not burdensome*

*for everyone born of God overcomes the world. This is the victory that has overcome the world even our faith. Who is it that overcomes the world? Only he who believes that Jesus is the Son of God” - 1John5:3-5.*

Hence, the empowerment to fulfill our promise to deliver safe nursing care hinges on obeying Christ to love each other, and depending on Him to care compassionately through us as we abide in Him.

**Lo Mun Fun**

## A TRIBUTE TO MRS LILY TAY – SNCF BELOVED MEMBER

### WHEN I MUST LEAVE YOU

*(from the inspirational writings of Helen Steiner Rice )*

*When I must leave you for a little while,  
Please do not grieve and shed wild tears  
And hug your sorrow to you through the years,  
But start out bravely with a gallant smile;  
And for my sake and in my name  
Live on and do all the things the same,  
Feed not your loneliness on empty days  
But fill each waking hour in useful ways  
Reach out your hands in comfort and in cheer  
And I in turn will comfort you and hold you near;  
And never, never be afraid to die,  
For I am waiting for you in the sky!*

Our beloved member, Mrs Lily Tay Geok Kee, was called home to the Lord on 25 May 2011 at the age of 84. We were very blessed that she made nursing her career and because she was a Christian, she chose to be involved with SNCF.

### Our fond memories of her:

Although she held a key position in the nursing profession, to SNCF members she was always very humble, unassuming, patient, kind, encouraging and supportive. She never pushed herself to the front. Going through our archive, I found very few photographs of Mrs Tay as she was always behind the scene, busy preparing refreshments to ensure our physical needs were met. Truly she had both the “Martha and Mary spirit” in her.

### Membership:

She joined SNCF on 22 October 1962, and over the span of 49 years, she was one of the most ardent

supporters of the fellowship. She gave freely and consistently of herself and of her gifts. As she was an excellent cook, she often helped provide and oversee the catering needs at conferences, retreats, Annual General Meetings and special occasions.

### Unique Contribution

Some members remembered with fondness that she was instrumental in catering for their wedding receptions.

Some had sweet memories of her “toothless delight” pineapple tarts and ang koo kueh. She also passed her unique culinary skills to some of our nurses. I remembered at a Nurses’ Conference at Scripture Union Campsite, Sentosa, she said “I am not eloquent to stand up and speak, or to lead Bible studies, however God has blessed my hands with cooking skills, and I am using them to bless God’s people.” This is the Matron, the Mrs Lilly Tay I know, always behind the scene, supporting and encouraging.

### Mentor to Male Student Nurses

When we needed a mentor for male student nurses, she graciously accepted the role in spite of her many other commitments.

Truly, Mrs Lily Tay was “*God’s workmanship created in the Lord Jesus to do good works, which God prepared in advance for her to do*”. Ephesians 2:10.

*I am sure God will say to Mrs Tay, “Well done, my faithful servant, welcome home, enter into my rest.”*

**Ng Kim Choo**

## TESTIMONY OF GOD'S GRACE AND FAITHFULNESS

I came to Singapore in year 2002 December. I am very grateful to the Lord's blessing for me to be related to SNCF and to my mentors. I would like to share how I grow in Christ with the help from SNCF and my mentors.

There are many seniors in Nursing in SNCF. Some of them have been in nursing for about 40 years. Their passions in nursing and faith in God have been a living example to me. I remember there were a few occasions when I encountered difficulties at work or faced important decision making, I came back to SNCF and looked for guidance.

My mentors are God chosen to bring me near to Christ. I was invited to church service, activities and courses when I started my nursing course. People in the church were especially nice and friendly to me and I felt comfortable to go to church. The Bible says "Faith comes by hearing, and hearing by the word of God." I received Christ and was baptized in year 2006 when I just started my career working as a staff nurse.

There are many challenges in nursing all the time. As a newly graduate, difficulties such as communication problems and mistakes in nursing attacked me and affected my faith in Christ. To me, the whole nursing environment was just so noisy, busy and full of worries. All kinds of negative thoughts overwhelmed my mind. I cried in silent because I didn't feel the Lord's love at work.

Mentors continue to guide me in spiritual growth. They understood me and always prayed for me even though I myself didn't feel like praying during the distressing time. They brought me back to the teachings of the Bible and assured me about my identity in Christ. I am God's precious child and He is always delighted in me when I call upon His name.

My mentors showed me how to count my blessing even during difficult time and reminded me all things worked for good for those who loved Him. It is by God's grace so that everything I have been through can be used for His Glory. Our Father can work in mysterious ways. He can turn what seem unpleasant into something beautiful. The verse that encouraged me is 2 Corinthians 1:4 "who comforts us in all our troubles,

so that we can comfort those in any trouble with the comfort we ourselves have received from God."

I thank God for allowing me to experience His love in nursing. There are so many encounters either good or bad, which I can use to comfort others in nursing. The love to my patients and passion in nursing is growing. Since year 2009, I started to act as a mentor to the new student nurses from China. My role has changed from a mentee to mentor. With the support from my church, I organized activities to relate to the young nurses and help them focus on the Lord's blessing in nursing rather than negative aspects in life and guide them to face difficulties with a positive mind just as what my mentor has done for me. I conducted PRCP survival course to help new staff nurses to adapt to nursing life.

My mentors once said that: "Being a mentor is rewarding." Love multiplies in mentoring ship in nursing. With our Father's love, we are able to make a commitment to love the younger nurses till they are committed to love others just as what their mentors have done in their lives. Apostle Paul said: "I planted the seed in your hearts, and Apollos watered it, but it was God who made it grow." (1 Corinthians 3:6)

We are part of God's kingdom work. May the Holy Spirit guide us to be faithful in nursing and nurture the younger ones. With the hope that one day, God will say: "Well done, My faithful servant!"

### Lin chatting



*Singapore Nurses'  
Christian Fellowship*  
One in Christ

*WISHING*

**ALL OUR NURSES**

*HAPPY NURSES' DAY*

Thank you for choosing Nursing  
as Your Career & obedient to His Calling

*BLESSINGS*

## ANNOUNCEMENT

### Monthly Prayer Meeting

Held at 2 locations: Central and Western Regions

Time : 7:30 pm

Venue :

**CENTRAL**

Every 1st Monday at SNCF Workbase, #02-03, The Salvation Army Territorial HQ, Bishan

**WESTERN**

Every 2nd Tuesday at Blk 106 Bukit Batok Central, #04-221 S650106

Prayers items can be submitted to Ng Kim Choo at kimchoo.ng@ncf.org.sg or call 9737-9041

### Health Screening for Elderly

Every First Wednesday at 9:15 am  
At Social Hall,  
The Salvation Army Territorial HQ,  
Bishan

### RECRUITMENT OF SNCF Ministry Staff (Full-time/ Part-time)

Singapore Nurses Christian Fellowship (SNCF) is looking for a committed Christian Nurse with SNB registration and preferably with Theological Qualification or completed modular Theological Studies. The Ministry Staff is required to be creative, has excellent communication abilities, demonstrates good organising skills and has word processing skills. Be passionate to meet the needs of nurses with international background. Be responsible to lead others in bible studies and prayer meetings. Able to develop personal & spiritual growth, encourage application of biblical principles in nursing practices and strengthen relationship between the Nurse and Christ.

Interested applicant, please submit your CV to Ms Ng Kim Choo, email: kimchoo.ng@ncf.org.sg. Only selected applicants will be invited for interview.

## SNCF CALENDER OF EVENTS

(All events are held at **The Salvation Army Territorial Headquarters,**  
20 Bishan Street 22)

### Nurses' Day Celebration

**Theme :** Fruit of the Spirit

**Date :** 13 August 2011, Saturday

**Time :** 2:30 to 6:00 pm

**Venue :** Social Hall/ Auditorium, The Salvation Army Territorial Headquarters

# Congratulations

to our Members for receiving the

## PRESIDENT'S AWARD FOR NURSES 2011

**Ms Susie Goh Boon Ai**

*Director of Nursing, St Luke's Hospital*

&

**Ms Jamie Lim Chuen**

*Advanced Practice Nurse,  
Tan Tock Seng Hospital*

## SNCF CONTACTS

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snfc@ncf.org.sg

### Staffworker:

Ms Ng Kim Choo (97379041)

Gifts through cheques to be made payable to:

**Singapore Nurses' Christian Fellowship**

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Ms Low Mui Lang

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Ms Tan Wee King

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